

Check Point	location		CP Notes	Distance from start	Runners ETA through time	Runner's notes
<b>Start</b> Registration	Brixworth Country Park , NN6 9DG		Sign in all runners . Registration opens 06:30.  Race briefing 07.50/Registration opens 10am - bus leaves at 10:45 Race Start 11:30am		6:30-8:00	
<b>Traffic Control</b>	A43 Crossing		1 Person on each side of the road warning on coming traffic In position from 08.15am	5.5 miles	8.40 - 9:20	Cross with care
<b>CP 1</b>	Sywell Village Hall, 21-32 Church Lane, Sywell NN6 0BQ ///confining.dollars.publish		CP1 outside village hall.	8.7 miles	09:00 - 10:10	
<b>CP 2</b>	Chadstone main street, near Old Rectory NN7 1LH ///wicked.unusually.craftsman		CP2 on green near the Old Rectory runners coming from left	15.8 miles	09:40 - 11:50	No spectators
<b>CP 3</b>	French Partridge Hotel, Newport Pagnell Road, Horton NN7 2BL ///petulant.demoted.tender		CP3 Hotel Car park. The hotel is on their left, they then carry straight on before crossing the road and taking the footpath to their right <b>6 hour cut off - No runner to leave after 14:00</b>	21.8 miles	10:30 - 14:00	Cut Off 2.00pm
<b>CP 4</b>	Northampton Mens Own RFC , Stoke Road, Ashton NN7 2JN ///marmalade.spoken.coverings		CP 4 in car park of Rugby Club <b>7.5 hour cut off- No runner to leave after 15:30</b>	30 miles	11:30 - 15:30	Cut Off 3.30pm
<b>CP 5</b>	Gayton NN7 3EU ///flicks.monorail.shift		CP 5 Village Green on corner of Eastcote Road and Bugbrooke Road <b>9.5 hour cut off- No runner to leave after 17:30</b>	37.7 miles/9.5 miles	12:30 - 17:30	Cut Off 5.30pm/3:00pm
<b>CP 6</b>	Nobottle NN7 4HJ ///promotes.sprouted.assemble		CP 6 Green on corner of lane and Roman Road <b>11.5 hour cut off - No runner to leave after 19.30</b>	45.7 miles/17.6 miles	13.00 19:30	Cut Off 7.30pm/5:00pm No spectators
<b>Finish</b>	Brixworth Country Park , NN6 9DG			54.1 miles/26.2 miles	14:30 21:30	13.5 hours/7 Hours