

sunset 5k  
5k 30/07/2023

POS	TIME	NO.	NAME	SEX	DIV	CLUB	CHIP TIME
1	15:51	29	Scott Cameron	M	SENM		15:49
2	15:53	32	Jack Chennell	M	M30	Harborough AC	15:53
3	15:59	47	Matthew Everett	M	SENM	Rugby & Northampton AC	15:57
4	16:04	28	George Buttery	M	M30	Wreake & Soar Valley	16:01
5	16:14	118	Pete Northall	M	M30	London Heathside	16:12
6	16:18	96	Lucas Mansell	M	MU20	Kettering Town Harriers	16:17
7	16:35	177	Callum Webb	M	SENM	Higham Harriers	16:33
8	16:38	100	Simon Mayes	M	M30	Wellingborough & District	16:36
9	16:47	142	Gary Roberts	M	M40	Corby AC	16:44
10	17:11	180	Jason Williams	M	M40	Hermitage Harriers	17:08
11	17:14	86	Gordon Lee	M	M50	Leicester Coritanian AC	17:12
12	17:22	165	George Thompson	M	MU20	Northampton AC	17:19
13	17:30	166	Isaac Tipler	M	SENM	Northampton Road Runners	17:28
14	17:31	160	Casey Stevenson	M	SENM		17:28
15	17:32	24	Adam Brooks	M	M30	Corby AC	17:29
16	17:35	75	Paul Huckle	M	M30	Wellingborough & District	17:32
17	17:37	193	Dylon Ransom	M	MU20	Kettering Town Harriers	17:35
18	17:45	126	Alexander Pitt	M	MU20	Wellingborough & District	17:42
19	17:48	43	Rachel Doherty	F	F30	Higham Harriers	17:45
20	17:55	131	Max Ranson	M	MU20	Corby AC	17:53
21	17:57	85	Josh Knight	M	M30	Northampton Road Runners	17:54
22	17:57	87	Paul Lewis	M	M30	Higham Harriers	17:54
23	18:02	70	Garry Hodgkins	M	M50	Harborough AC	17:59
24	18:05	12	Gary Bennett	M	M40		18:03
25	18:07	121	Richard Owen	M	M40	Rugby & Northampton AC	18:05
26	18:13	178	Kevin Westley	M	M40	Wootton Road Runners	18:11
27	18:19	67	Robert Hemingway	M	M40	Northampton Road Runners	18:16
28	18:21	26	Keiran Bunker	M	MU20	Higham harriers	18:18
29	18:23	191	Ben Brown	M	M20		18:19
30	18:28	173	Ashleigh Walters	F	FU20	Corby AC	18:26
31	18:34	23	Finley Brooker	M	MU20	Kettering Town Harriers	18:33
32	18:44	31	Liam Casson	M	M40	Cherwell Runners & Jogger	18:39
33	18:48	107	Francesca Molossi-Murphy	F	SENF	Wellingborough & District	18:44
34	18:48	179	Bruce Whitehead	M	M60	Wellingborough & District	18:45
35	18:55	176	Matthew Watford	M	M40	Higham Harriers	18:53
36	18:56	97	Sam Manser	M	M30	Kettering Town Harriers	18:52
37	18:58	143	Jax Roberts	M	MU20	Corby AC	18:53
38	19:01	56	John Gibbins	M	M40	Northampton Road Runners	18:57
39	19:03	25	Andrew Bunker	M	M40	Highest harriers	18:59
40	19:04	30	Jamie Harris	M	M30	Kettering Town Harriers	19:01
41	19:15	4	Martin Arissol	M	M50	Wellingborough & District	19:11
42	19:16	71	Daniel Holland	M	M30	Yaxley Runners & Joggers	19:12
43	19:32	155	Rob Sheen	M	M60	Leicester Coritanian AC	19:28
44	19:34	42	Dan Doherty	M	M40	Higham Harriers	19:29
45	19:36	33	Phillip Cleverley	M	M40	Higham Harriers	19:31
46	19:37	10	Sam Batten	M	M30	Harborough AC	19:32
47	19:38	45	Matt Eckett	M	M40	Kettering Town Harriers	19:34
48	19:40	72	Paul Holmes	M	M40	Silson AC	19:35

49	19:46	63	Vincent Carroll	M	M50	Rugby & Northampton AC	19:44
50	19:51	5	Felicity Baillie	F	F30	BRJ Run and Tri	19:47
51	20:01	119	Nick Osborne	M	M50	Harborough AC	19:57
52	20:04	152	George Sharp	M	MU20	Kettering Town Harriers	20:01
53	20:05	137	Graham Rice	M	M40	Higham Harriers	20:01
54	20:06	161	Alex Sturgess	M	M30		20:02
55	20:09	74	Jamie Horsman	M	M40	Wellingborough & District	20:03
56	20:11	144	Bill Robinson	M	M50	Kettering Town Harriers	20:08
57	20:20	158	Mark Spurr	M	M40		20:15
58	20:23	50	Andy Ford	M	M30	Lonely Goat RC	20:16
59	20:24	128	Noah Pizzo	M	MU20	Rugby & Northampton AC	20:17
60	20:37	64	Jacquie Hanmer	F	F50	Harborough AC	20:33
61	20:44	154	Adam Shaw	M	M50	Wellingborough & District	20:38
62	20:49	2	Michael Anderson	M	M50		20:45
63	20:50	138	Lisa Ringrose	F	F40	Kettering Town Harriers	20:45
64	20:57	123	Alice Piggott	F	SENF	Wellingborough & District	20:51
65	20:59	73	Bryna Holmes	F	F40	Wellingborough & District	20:52
66	21:01	22	Claire Brooker	F	F40	Kettering Town Harriers	20:55
67	21:04	11	Naythan Bellamy	M	M40	Higham Harriers	20:57
68	21:16	16	Kate Bond	F	F60	Daventry Road Runners	21:12
69	21:34	94	Scott Magee	M	M50		21:29
70	21:40	1	Steven Allpress	M	M40		21:37
71	21:41	36	Martine Crofts	F	F30	Wellingborough & District	21:35
72	21:43	84	Studney Kirby	M	M50		21:36
73	21:48	20	Mark Brockway	M	M50	Kettering Town Harriers	21:42
74	21:55	159	Samuel Steel	M	M30		21:45
75	21:57	153	Millie Sharp	F	FU20		21:49
76	22:08	190	Joe Brown	M	MU20		22:04
77	22:10	189	Sophia Perkins	F	SENF		22:00
78	22:21	66	Lily Harris	F	FU20	Corby AC	22:15
79	22:23	139	John Risby	M	M60		22:15
80	22:24	27	Matthew Burtenshaw	M	M30		22:09
81	22:26	169	Andy Tuvey	M	M30	Higham Harriers	22:21
82	22:33	120	Lyndsey Owen	F	F40	Rugby & Northampton AC	22:28
83	22:39	116	Jonathan Nicholls	M	M50	Higham Harriers	22:34
84	22:42	95	Craig Manning	M	M30		22:36
85	22:46	62	Alan Hall	M	M60	Northampton Road Runners	22:40
86	22:52	114	Jason Mothersole	M	M50	Northampton Road Runners	22:46
87	22:54	104	Philip Middleton	M	M50	team balancise	22:46
88	22:58	151	Millie Sharman	F	FU20	Northampton AC	22:51
89	23:21	136	Natalie Rennie	F	F40		23:18
90	23:25	134	Aisha Redhead	F	FU20	Corby AC	23:18
91	23:30	105	Maria Minett	F	F50	Northampton Road Runners	23:24
92	23:31	171	Rob Tyman	M	M40		23:22
93	23:46	117	Leanne Niven	F	F30		23:37
94	23:55	98	Laura Marsh	F	F50	Higham Harriers	23:47
95	23:58	133	Andrew Redden	M	M30	Wellingborough & District	23:52
96	24:02	147	John Sach	M	M60		23:56
97	24:08	164	Gary Thomas	M	M50		24:01
98	24:13	110	Alan Moorehead	M	M50	Corby AC	24:02

99	24:14	115 Alan Mutch	M	M60	Desborough & Rothwell Run	24:08
100	24:15	135 Emma Redman	F	F50	Corby AC	24:04
101	24:21	17 Den Bonehill	F	F50	Lonely Goat RC	24:13
102	24:23	78 Thomas Jeffs	M	MU20		24:14
103	24:27	174 Sally Ward	F	F50	Team Balancise RC	24:15
104	24:32	60 Paul Bishop	M	M50	Desborough & Rothwell Run	24:26
105	24:43	140 Millie Roberts	F	SENF		24:31
106	24:50	122 Ashton Phillips	M	M60	Northampton Road Runners	24:43
107	24:55	150 Megan Seymour	F	F30	Harborough athletics club	24:49
108	25:00	112 David Moscrop	M	M40		24:55
109	25:08	13 Owen Beresford	M	SENM		24:58
110	25:13	188 Susan Mullison	F	F60	Silson AC	25:02
111	25:30	145 Nicola Robinson	F	F50	Kettering Town Harriers	25:24
112	25:40	53 Vicki Galbraith	F	F50	Stilton Striders	25:33
113	25:42	52 Alice Galbraith	F	FU20		25:35
114	25:59	99 Adrian Matthews	M	M40	Wootton Road Runners	25:45
115	26:05	80 David Johnson	M	M30		25:53
116	26:09	124 Jessica Piggott	F	SENF	Wellingborough & District	26:01
117	26:12	141 Richard Roberts	M	M50		26:01
118	26:28	101 Joe Mayes	M	MU20	Team Balancise RC	26:14
119	26:54	51 Kim Froggitt	F	F50	Silson AC	26:44
120	27:06	111 Kevin Moriarty	M	M60	Eastern Masters AC	26:59
121	27:08	3 Valerie Anslow	F	F60	Wellingborough & District	27:00
122	27:12	57 Hannah Gifford	F	SENF		27:02
123	27:14	59 Jacqueline Greaves	F	F40		27:00
124	27:23	127 Zoe Pitt	F	F40	Wellingborough & District	27:15
125	27:43	40 Noel De Freitas	M	M50		27:35
126	27:46	39 Cathryn De Freitas	F	F40		27:37
127	27:52	48 Robin Fiander	M	M60		27:43
128	27:54	14 Ralph Beresford	M	M50	Rothwell Harriers & AC	27:43
129	27:55	93 Debbie MacColl	F	F60		27:47
130	27:58	68 Pebz Herbert	F	SENF		27:46
131	28:16	34 Terry Coleman	M	M70	Kettering Town Harriers	28:09
132	28:28	163 Debra Tame	F	F50	Northampton Road Runners	28:16
133	28:34	18 Tina Brayford	F	F50	Team Balancise RC	28:21
134	28:34	130 Kim Pusey	F	F50	Wootton Road Runners	28:21
135	28:49	7 Paul Barker	M	M50		28:36
136	28:50	6 Maria Barker	F	F50		28:38
137	28:54	15 Sally Bland	F	SENF		28:41
138	29:25	149 Rikke Severn	F	F50		29:15
139	29:41	103 Emma Menzies	F	F30		29:28
140	29:55	54 Julie Gallagher	F	F50	Lonely Goat RC	29:46
141	30:17	92 Karen Lower	F	F50	Northampton Road Runners	30:05
142	30:26	106 Sara Mitchell	F	F40		30:17
143	30:28	69 Sally Hewitt	F	F60	Wellingborough & District	30:20
144	30:37	132 Victoria Reavey	F	F30	Team Balancise RC	30:23
145	32:43	77 Carole James	F	F40	Corby AC	32:43
146	31:03	91 Sophie Louise	F	SENF		30:51
147	31:12	89 Michelle Lewis	F	F40		
148	31:14	187 Susan Williams	F	F60		31:03

149	31:18	162 Sue Summers	F	F60	Northampton Road Runners	31:07
150	31:33	192 Samatha Devereaux	F	F50	Team Balancise	31:19
151	31:36	58 Julie Gothard	F	F50	Desborough & Rothwell Run	31:24
152	31:46	44 Deborah Duncan	F	F50		31:38
153	31:51	46 Karen Eke	F	F60	Northampton Road Runners	31:39
154	31:51	76 Keren Irving	F	F50	Northampton Road Runners	31:39
155	31:51	194 Ann Worthy	F	F60	NRR	31:39
156	32:06	90 Daniel Lloyd	M	M50		31:55
157	32:09	125 Trudy Piggott	F	F40		31:56
158	32:22	156 Elaine Smith	F	F40	Team Balancise RC	32:08
159	32:34	170 Anna Tyman	F	F30		32:20
160	33:00	146 Judy Rowley	F	F60	Harborough AC	32:49
161	33:22	167 Beverley Tompkins	F	F50		33:14
162	33:22	168 Julian Tompkins	M	M50		33:14
163	33:24	41 Carol Dean	F	F50		33:15
164	33:26	88 Alison Lewis	F	F40	Team Balancise RC	33:11
165	33:30	35 Jenny Coombs	F	F30		33:21
166	34:33	83 Jordan Keech	M	SENM		34:19
167	36:17	129 Jackie Prati	F	F60		36:03
168	38:23	175 Dean Waring	M	M40		38:23
169	41:22	186 Carol LLOYD	F	F60		41:12